

# WIC

## A Special Food and Nutrition Education Program For Women, Infants and Children

### WHO IS ELIGIBLE?

- A pregnant woman
- A breastfeeding woman
- A woman who has recently been pregnant
- An infant or a child less than 5 years old

### TO BE ELIGIBLE, YOU MUST ALSO:

- Have a low or moderate income
- AND**
- Have a special need that can be helped by WIC foods and nutrition counseling

**YOU DO NOT HAVE TO BE  
ON PUBLIC ASSISTANCE  
TO APPLY.**

### SERVICES PROVIDED:

- Nutritious foods
- Nutrition counseling
- Breast feeding support
- Health care referral

### APPROVED WIC FOODS:

- Milk, cheese, eggs, cereals, peanut butter, fruit or vegetable juices, dry beans or peas, iron fortified formula

**CALL YOUR LOCAL HEALTH  
DEPARTMENT FOR MORE  
INFORMATION.**

## Georgia WIC Program

Georgia WIC  
Georgia Department of Public Health  
2 Peachtree Street, NW  
10<sup>th</sup> Floor  
Atlanta, GA 30303  
Telephone: 1-800-228-9173  
Website: <http://dph.georgia.gov/WIC>

### INCOME ELIGIBILITY GUIDELINES (Effective from July 1, 2023 to June 30, 2024)

Household Size	Reduced Meal Income Limits				
	Annually	Monthly	Twice A Month	Every Two Weeks	Weekly
1 .....	26,973	2,248	1,124	1,038	519
2 .....	36,482	3,041	1,521	1,404	702
3 .....	45,991	3,833	1,917	1,769	885
4 .....	55,500	4,625	2,313	2,135	1,068
5 .....	65,009	5,418	2,709	2,501	1,251
6 .....	74,518	6,210	3,105	2,867	1,434
7 .....	84,027	7,003	3,502	3,232	1,616
8 .....	93,536	7,795	3,898	3,598	1,799
For each additional family member add	+ 9,509	+793	+ 397	+366	+ 183

[This institution is an equal opportunity provider.](#)